

Fat biking trails for winter enjoyment FROM NORTHERN TO SOUTHERN MINNESOTA

It's that time of year again where you either embrace winter or you find a way to get out of the elements for a week or months at a time. If you love snow, grab your fat bike and hit the trails from Northern to Southern Minnesota. Below are some of the many trails worth checking out whether with a friend or your family.

Northern Minnesota

Cuyuna County State Recreation Area in Ironton. A rugged park of old mining pits with stockpiles of discarded quarried rocks that creates 50 miles of groomed trails for fat biking fun!
Detroit Mountain, in Detroit Lakes. This trail features about 4 miles of downhill flow trail making you feel like you are on a roller coaster with the ups and downs along the hillside!
Split Rock Lighthouse State Park in Two Harbors offers either bike and skate ski right along the shore of Lake Superior for just about 9 miles.

Minneapolis/St. Paul

Did you know that Minneapolis maintains 128 miles of all season bike trails? With St. Paul's 88 miles, the Twin Cities has one of the largest year-round cycling hubs! Here are a couple trails to check out.
Fort Snelling State Park offers six miles of groomed trails.
Elm Creek Trail in the north metro provides 10 miles of exciting trails.
Minnesota River Valley Trail, Bloomington, known as The River Bottoms is perfect for the beginner, intermediate and the experienced.

Southern Minnesota

Sechler Park River Bottoms in Northfield has single and double track trails along the Cannon River for 3.5 miles.
Douglas State Trail is a 13-mile trail running from Pine Island to Rochester.
Richard J. Dorer State Forest near Winona offers varying difficulty for 7.5 miles of fat biking.

Have fun and go explore Minnesota and the vast amount of fat biking trails available throughout the state!

Resources: <https://www.exploreminnesota.com/article/winter-fat-biking-minnesota>; <https://havefunbiking.com/fun-ideas-for-staying-fit-fat-biking-minnesota-winter/>; www.exploreminnesota.com/article/winter-fat-biking-minnesota; <https://www.outsideonline.com/adventure-travel/destinations/north-america/minnesota-biking-travel-tips/>

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